



RE[FRAMING]: Seeing something else

This week Research Reflection #2. The Power of Patience

In today's [SvD](#) it is mentioned that "Daydreaming becomes a path to success." This combination of a wandering mind, which seems to access both stored knowledge and our analytical abilities, appears to give us a unique gift: creativity. Wandering thoughts solve problems. Patience can unlock. Art can unlock. How do we weave the threads of art and patience into knowledge?

The Harvard Magazine by Jennifer L. Roberts (2013) examines "The Power of Patience: Teaching students the value of deceleration and immersive attention" Link to Harvard Magazine – [The Power of Patience](#). Jennifer Roberts, a professor of art history at Harvard, emphasizes the importance of patience and slow learning in a time dominated by rapid technology and instant access to information. She argues that it is crucial for students to learn how to slow down and deeply focus on their studies. By assigning tasks that require students to spend hours carefully observing a single artwork, they begin to notice details and connections that would otherwise go unnoticed.

Roberts points out that just because something is immediately visible doesn't mean it is fully understood. **True understanding takes time and patience**, and she argues that this applies not only to art but to other subjects and life in general. She uses the example of American artist [John Singleton Copley](#) to illustrate how delays and waiting shaped his art and learning process. In conclusion, she advocates that teachers should actively teach patience as a key skill to help students navigate today's fast-paced world.

My intention is that you will capture the interplay between patience and creativity. Patience isn't just a good quality; it's a strong tool that improves creativity. It helps us think more deeply, refine our work, and connect with the feelings and beauty that art and poetry can bring. I would like you to consider how taking the time to cultivate patience and how it can lead you to a richer, more profound artistic work expression.

I encourage you to explore the quiet power of waiting, the subtle beauty that reveals itself over time, and the **deep rewards of slowing down** to fully engage with the world. One approach is to select a piece of art and pose a thoughtful question to it. Allow yourself to explore your reflections with curiosity. I'll share my thoughts alongside two images below and conclude this logbook with a poem.

These following art-reflections (picture 1 and picture 2) tries to captures the idea of patience in partnership and in collaboration, both in the literal sense of working together and in the broader, symbolic sense of supporting and challenging each other. I blend personal and historical reflections with the themes of time and attention.

When the artist grow the art grows - ongoing self-discovery can lead to more meaningful and impactful art.

Take care of the blueberries,

Malin Pedro, Curator and Program Director
The Meaning School

This reflection is part of my discovery journey. If you are interested in The Meaningschool, contact me malin.pedro@themeaningschool.com



Picture 1: The Woman Holding the Upside-Down Man



(Echo & Narcissus, by Karon Davis)

This image of a woman holding a man hanging upside down struck me as both humorous and profound. I came across this sculpture and took a photo of it during my visit to [CF Hill's gallery](#) for the opening of their new space on Armégatan in Stockholm, back in September. The energy of the piece mirrored something in my own life, walking through the gallery with my partner, who is not only my life partner but also my business partner.

There is a delicate balance in our work, a constant exchange of support and strength, and this piece of art captures the essence of that for me. Yet, there's a dilemma as you see, how much do we hold each other up, and how much do we allow each other to fall? There is beauty in the support, but there is also a need for independence, changing roles and keeping feet on the ground. This is the tension that comes with working closely together, in life and in business. How do we pursue our dreams while supporting and uplifting each other, ensuring we stay grounded and balanced along

the way? How do we chase the stars, while holding each other steady, with feet rooted firmly in the earth?

Picture 2: The Woman and the Vase of Flowers

The other image I came across, a postcard I found, reminded me of [Ellen Key](#). Her contemplative face, the softness of the white flowers, and the tension (perhaps) of holding back while waiting for the right moment to speak. What do you see? The picture made me think of her time with Prince Eugen, perhaps the way she would sit silently, feigning disinterest until she could no longer bear his talk anymore. Ellen Key (1849-1926) was one of the most influential writers and thinkers of her time, known not only within Sweden but also across Europe. Ellen's ideas about education, women's rights, and social reform sparked lively debates, and her writing had a profound impact. [Prince Eugen](#) (1865-1947), was a Swedish prince with a deep love for art. His passion for art led him on travels to Italy, Egypt, and Syria, journeys that greatly influenced his work. Upon returning home via Constantinople, he began to devote himself more seriously to painting, ultimately becoming one of Sweden's most respected artists.



Back to Ellen, with her ideas about education reform and women's suffrage, is here waiting for the moment when she could speak her mind. Her thoughts crystallized perhaps in moments like this, where the scent of flowers mingled with the hum of a dull conversation. In this moment, she might realized something anew, staring into the white petals, and she knew she had to speak, to challenge Prince Eugen's words. Her dilemma was also a familiar one, how do we, as women, find the space to be heard in a world that prefers our silence? The flowers, in all their aesthetic perfection, symbolized something more, a reminder of the beauty in patience, but also the power **in choosing the right moment to make our voices known**. Imaginative story to this picture: "Her nose itched. Was it the scent of the flowers? Ellen Karolina Sofia Key couldn't bear to listen anymore. Prince Eugen mumbled, gesticulating with his large hands and continuing to articulate with his mouth as if all the people attending were interested in what he had to say."



The Art of Patience

In a world of rushing waters,
I plant my feet in stillness.
Where others race to catch the tide,
I wait, I watch, I listen.

The surface speaks in whispers,
but beneath the hurried glance,
there are stories etched in silence,
waiting for a second chance.

It takes time to see the echoes,
to trace the line that bends,
between the shadow and the light,
where true knowing begins.

A leaf does not fall all at once,
nor does the wind arrive.
The beauty lies in the unfolding,
in the slow, deliberate dive.

For patience is a quiet craft,
a skill born of delay,
where every pause holds meaning,
and each breath clears the way.

So let the world spin faster,
I'll linger here instead,
for in the spaces between the noise,
is where the soul is fed.

Konsten att Vänta

I en värld av forsande floder,
planterar jag mina fötter i stillhet.
Där andra skyndar att fånga strömmen,
väntar jag, ser jag, lyssnar jag.

Ytan talar i viskningar,
men under den snabba blicken,
finns berättelser inristade i tystnad,
som väntar på en ny chans.

Det tar tid att se ekon,
att följa linjen som böjer sig,
mellan skuggan och ljuset,
där sann förståelse tar vid.

Ett löv faller inte på en gång,
vinden kommer långsamt fram.
Skönheten finns i det som vecklas ut,
i det långsamma, medvetna språnget.

För tålmod är ett stilla hantverk,
en konst född av dröjsmål,
där varje paus bär på mening,
och varje andetag banar väg.

Så låt världen snurra snabbare,
jag dröjer kvar istället,
för i rummen mellan ljuden,
där finner själen föda.



The Meaning School is a garden



Take care of the blueberries